



## Lower Thoracic Vertebrae and Ribs

Articular Dysfunction	Test	Adjustment	
		Contact Point	Line of Drive
1. 12th Thoracic Vertebra (T12)	Patient raises arm on PD side, places forearm on table superior and lateral to head.	Transverse process on side of involvement (as indicated by Short/Long Rule)	Anterior, superior and slightly medial
2. 8th Thoracic Vertebra (T8)	Patient raises both arms and rests forearms on table superior and lateral to head.		
3. 12th Thoracic Rib	Isolation Test <ul style="list-style-type: none"> <li>• Patient raises arm on PD side, rests forearm on table superior-lateral to head.</li> <li>• Patient inhales deeply, holds breath briefly.</li> </ul>	Body of rib one-half inch lateral to transverse process on side of rib involvement.	Lateral/inferior or medial/superior depending on direction of rib subluxation
4. 11th Thoracic Rib	Isolation Test <ul style="list-style-type: none"> <li>• Patient raises arm on side opposite PD, rests forearm on table superior-lateral to head.</li> <li>• Patient inhales deeply, holds breath briefly.</li> </ul>		
5. 8th Thoracic Rib	None Routinely adjusted after T8 testing and adjustment		