



## Lumbar Spine Chart

Articular Dysfunction	Test	Adjustment	
		Contact Point	Line of Drive
1. Fifth Lumbar (L5)	Patient places forearm on side of PD on low back with palm up	Inferior articular process, anterior-superior, on side indicated by Short/Long Rule	
2. Fourth Lumbar (L4)	Patient places forearm on side opposite PD on low back with palm up	Inferior articular process, anterior-superior, on side indicated by Short/Long Rule	
3. Second Lumbar (L2)	Patient places both fore-arms on low back with palms up	Inferior articular process, anterior-superior, on side indicated by Short/Long Rule	