# Upper Thoracic Vertebrae and Ribs

## Articular Dysfunction

<table>
<thead>
<tr>
<th>Articular Dysfunction</th>
<th>Test</th>
<th>Adjustment</th>
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</table>
| 1. 6th Thoracic Vertebra (T6) | Isolation Test  
Patient turns face to side of PD, rests head on table | Contact Point  
Line of Drive |
| 2. 4th Thoracic Vertebra (T4) | Isolation Test  
• Patient turns face to PD side, rests head on table  
• Patient lifts PD side shoulder away from table in a posterior movement | Transverse process on side of involvement (as indicated by Short/Long Rule)  
Anterior, superior and slightly medial |
| 3. 1st Thoracic Vertebra (T1) | Isolation Test  
• Patient turns face to PD side, rests head on table  
• Patient shrugs both shoulders towards their ears, relaxes | |
| 4. 6th Thoracic Rib | No specific test.  
Automatically adjust the corresponding rib | Lateral/inferior |
| 5. 4th Thoracic Rib | No specific test.  
Automatically adjust the corresponding rib | Lateral/inferior |
| 5. 1st Thoracic Rib | Patient turns face to PD side, rolls both shoulders superiorly, posterior, inferiorly in circular motion | Inferior |