



Upper Thoracic Vertebrae and Ribs

Articular Dysfunction	Test	Adjustment	
		Contact Point	Line of Drive
1. 6th Thoracic Vertebra (T6)	Isolation Test Patient turns face to side of PD, rests head on table	Transverse process on side of involvement (as indicated by Short/Long Rule)	Anterior, superior and slightly medial
2. 4th Thoracic Vertebra (T4)	Isolation Test <ul style="list-style-type: none"> • Patient turns face to PD side, rests head on table • Patient lifts PD side shoulder away from table in a posterior movement 		
3. 1st Thoracic Vertebra (T1)	Isolation Test <ul style="list-style-type: none"> • Patient turns face to PD side, rests head on table • Patient shrugs both shoulders towards their ears, relaxes 		
4. 6th Thoracic Rib	No specific test. Automatically adjust the corresponding rib	Body of rib one-half inch lateral to transverse process on side of rib involvement	Lateral/inferior
5. 4th Thoracic Rib	No specific test. Automatically adjust the corresponding rib		Lateral/inferior
5. 1st Thoracic Rib	Patient turns face to PD side, rolls both shoulders superiorly, posterior, inferiorly in circular motion		Inferior